

“Managing Anxiety within Ourselves and Our Patients”

- Recognize different parts of the brain responsible for anxiety
- Identify different medications and their effects to improve, complement, or interfere with anxiety
- Apply strategies to enhance yourself, treatment, and the comfort of patients.

“Smile with Pride: Transforming Health for Gender Diverse Individuals”

- Discern the difference between gender spectrum and sexual orientation
- Identify oral and health disparities across the gender spectrum
- Recognize our biases, social control, and gain emotional intelligence
- Develop communication skills to understand and create an inclusive environment
- Recognize commonly used medications for JIV and HIV prevention

“Fluoride: Friend, Foe, or Just Misunderstood”

- Recognize different parts of the molecule and how it can help
- Identify truth from myth, and the misinformation that is out there
- Apply strategies to work synergistically with different mouths
- Identify different applications and what is best for your patient